

Don't burn money to heat your home

ENERGY SAVING FACT SHEET

ENERGY SUPPLIERS

- Switching suppliers is one of the simplest ways to save money (check carefully though and ask Energylinx for advice)
- Talk to your energy supplier to make sure they are giving you their best deal
- Where possible pay by direct debit as generally offers a discount
- Provide regular meter readings for accurate bills

LIGHTING

- Turn off lights in empty rooms
- Use energy efficient light bulbs
- Ensure bulb wattage is no higher than required

LAUNDRY

- Always wash a full load
- Wash at a lower temperature
- Use the economy wash on your machine, if you have one
- Front loading machines are usually more efficient
- Dry clothes outside where possible, not on radiators
- Try to dry clothes as much as possible before using a tumble dryer

APPLIANCES

Cooking

- Use a small ring or low flame for small pans
- Keep lids on
- Don't overfill kettles and pans
- A microwave is cheaper and quicker than a conventional cooker

Kettles

- Boil only the water you need

Toasters

- Use a toaster rather than a grill to toast bread

Fridge / Freezers

- Do not position fridges or freezers next to heating appliances, boilers or cookers
- Allow air to circulate around the back of appliances
- Defrost regularly
- Do not leave the doors open
- Let food cool to room temperature before placing into the fridge
- Try to keep your freezer full – even empty boxes help
- Chest freezers are generally more efficient than upright freezers
- Frost free refrigeration is generally less efficient than conventional

Other electrical items

- Do not leave TVs, computers or other electrical equipment on standby

HEATING

- At night close curtains to stop heat being lost through windows
- Do not drape curtains over radiators
- Keep furniture away from radiators and heaters
- Close doors to keep the heat in
- Don't open windows for long periods of time in the winter
- Avoid opening windows and doors to cool a room - if it is too hot turn the heating down instead
- Stop draughts where possible
- Do not use the oven to heat the kitchen
- Set your central heating with a timer – if you do not know how to do it then give us a call
- Dress warmly – put on a jumper rather than turn the heating up
- Turning down your thermostat by one degree can reduce your bill by 10%
- Turn down heaters in rooms you do not use



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