

WESTCOUNTRY Housing Association



Redcliffe House and Clifton Hill

To enable people with mental health difficulties to achieve the highest level of independence possible.

Aim

Our aim at Redcliffe House and Clifton Hill is to provide you with the opportunity to gain or to re-establish valuable life skills to enable you to reach the highest level of independence possible.

Description

Redcliffe House and Clifton Hill provide supported accommodation for single people with enduring and/or recurring mental health difficulties who also have housing related support needs. Redcliffe House is a shared house for ten people and Clifton Hill is a shared terraced house with accommodation for four people. Both projects are for people over the age of 18 and you can stay from 6 months to a number of years depending on your needs. Staff can be accessed 9am – 5pm (Monday - Friday) and 10am – 1pm (Saturday). There is a telephone on-call system for (emergency use only) in operation from 5pm – 11pm (daily). At Redcliffe House and Clifton Hill we can offer you a safe environment in which you can learn how to maintain your accommodation and maximise your potential for independent living.

Support

Our staff team provides a flexible housing related support and advice service tailored to meet your individual needs. With your allocated support worker you identify areas of need and development in which you require support and encouragement to make progress. The goals you wish to work towards and the outcomes you wish to achieve are set out in your support plan and this is reviewed regularly to track your progress and agree the next steps, with the aim of achieving the highest level of independence possible. This process will also include your Community Mental Health Team worker and where applicable any additional agency you are linked with.

The support service for Redcliffe House and Clifton Hill are '**chargeable**' services funded through 'Supporting People', so you may be required to pay for them, though anyone in receipt of Housing Benefit, Income Support or Pension Credit **will not** need to pay.

What you can expect from our Support Service

By engaging with our support service you can expect and be enabled to achieve the following outcomes:

- Improve budgeting skills and acquire confidence in dealing with benefit claims and other officials
- Manage your own paperwork etc...
- Access & know how to access a wide range of services and agencies
- Successfully attend college, apply for part time employment, voluntary work experience or other meaningful occupation
- Be independent but not isolated
- Look after your own health needs and wellbeing
- Reduce avoidable hospital admissions
- Manage and maintain your mental health
- Access and engage with your Community Mental Health Team worker

- Manage your own medication appropriately
- Develop domestic and practical skills including basic cooking and healthy eating
- Maintain your current and any future accommodation
- Develop the skills needed to keep yourself safe and secure, both in and outside of your home
- Maintain good neighbourly relationships
- Establish a positive social network and gaining access to a wide range of other services
- Be able to access social/cultural activities & participate in the local community
- Develop new skills and grow in confidence

Accommodation

Redcliffe House consists of 10 fully furnished rooms in a spacious house on four floors. Each floor is shared between 2 or 3 people and has a fully equipped kitchen with integral dining area and a bathroom/shower room. There are excellent communal facilities including a communal lounge, washing machines, payphone, car park and a large garden with seating, bicycle storage and a vegetable patch.

Clifton Hill consists of a shared fully furnished terraced house with 4 bedrooms, a communal lounge, a fully equipped kitchen, dining room, bathroom, shower room, and laundry facilities. At the rear of the house is a small garden.

Application Procedure

For more information and how to apply please contact staff at the Redcliffe House office on 01392 215567.

Equal Opportunities

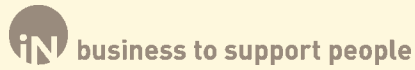
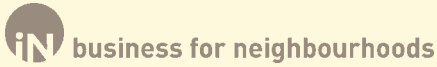
We have a firm commitment to ensure you are dealt with fairly and equally without discrimination or prejudice.





**23 Clifton Hill, Exeter EX1 2DL
Tel: 01392 215002
Redcliffe House, 43 Denmark Road,
Exeter EX1 1SH
Tel: 01392 215567 Fax: 01392 215591
E-mail: info@westcountryha.org.uk
www.westcountryha.org.uk**

If you or someone you know would like a Westcountry document on audio tape, in large print, in Braille, or translated into another language, please contact our Communications Manager on 01803 200300.



Registered with the Housing Corporation No. LH0945,
An exempt charity registered under
Industrial & Provident Soc. Act 1965 No. 19141R
A Member of the National Housing Federation.

Westcountry Housing Association Head Office: Hatfield House, Hatfield Road, Torquay, Devon TQ1 3HF