



Truro Young Women's Centre

Providing women with choice and control over their lives.

Aim

Our aim at Truro Young Women's Centre is to provide you with the opportunity to gain valuable life skills that will maximise your independence in order for you to move on to more independent living.

Description

The Centre provides supported accommodation for young women with identified housing related support needs between the ages of 16 to 30. You can stay up to two years depending on your needs.

The Centre is staffed at all times, including a member of staff sleeping on site each night. You will be given a mobile number which you can use in an emergency to get a quick response.

At the Centre we can offer you a safe environment in which you can learn how to maintain your accommodation and maximise your potential for more independent living.

The Centre has a welcoming atmosphere and many of the women remain friends after their stay.



Support

Our staff team provide you with structured housing related support and advice service tailored to meet your individual needs. With your allocated key worker, you identify areas of need and development in which you

require support and encouragement to make progress towards more independent living. The goals you wish to work towards and the outcomes you wish to achieve are set out in your support plan and this is reviewed regularly to track your progress and agree the next steps. This process will also include, where applicable, any statutory agency or outside support worker you are linked with.

What you can expect from our support service

By engaging with our support service you can expect and be enabled to achieve the following outcomes:

- ▶ Successfully attend college, apply for part-time employment, voluntary work experience or other meaningful occupation
- ▶ Improve budgeting skills and acquire confidence in dealing with benefit claims and officials
- ▶ Manage your own paperwork
- ▶ Have access to a wide range of services and agencies
- ▶ Be independent but not isolated
- ▶ Look after your own health needs and wellbeing
- ▶ Develop domestic and practical skills including basic cooking and healthy eating
- ▶ Find suitable accommodation to move into when ready to leave the Centre

- ▶ Develop the skills needed to keep yourself safe and secure, both in and outside of your home
- ▶ Maintain good neighbourly relationships
- ▶ Establish a positive social network and gain access to a wide range of other services
- ▶ Be able to access social/cultural activities and participate in the local community
- ▶ Develop new skills and grow in confidence



Accommodation

Truro Young Women's Centre consists of 10 fully furnished rooms, some with en-suite facilities, sharing two large fully equipped kitchens.

Communal facilities include: a large lounge with dining facilities, back yard with a small area to grow herbs and vegetables, and laundry facilities in each kitchen.

We are situated in the city centre, in a quiet green area with lots of trees but moments walk from the shops, post office, leisure facilities and library.

The Centre is a secure building. We have a door security entry system and CCTV in operation at all times.

Application procedure

For further information on how to apply please contact the staff at the Truro Young Women's Centre office on 01872 260847.

Equal Opportunities

We have a firm commitment to ensure you are dealt with fairly and equally without discrimination or prejudice.



Truro Young Women's Centre,
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If you or someone you know would like a Westcountry document on audio tape, in large print, in Braille, or translated into another language, please contact our Communications Manager on 01803 200300.



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