

# WESTCOUNTRY Housing Association



## Flat 5 and Monks Road

*To enable people recovering from substance misuse to move on to more independent living*

### **Aim**

Our aim at Flat 5 and Monks Road is to provide you with the opportunity to gain or to re-establish the independent living skills you need and to practice tenancy/license sustainment in preparation for your move on to independent living.

### **Description**

Flat 5 and Monks Road provide supported accommodation for single people who have sustained a period of abstinence and/or undergone a rehabilitation programme for substance misuse and have housing-related support needs. Flat 5 is a shared flat for three people and Monks Road is a shared terraced house for five people. Both projects are for people over the age of 18 and you can stay from 6 months up to 2 years depending on your needs. Staff can be accessed 9am - 5pm (Monday - Friday). At Flat 5 and Monks Road we can offer you a safe environment in which you can learn how to maintain your accommodation and maximise your potential for independent living.



## Support

Our staff team provides a flexible housing related support and advice service tailored to meet your individual needs. With your allocated support worker you identify areas of need and development in which you require support and encouragement to make progress towards complete independent living. The goals you wish to work towards and the outcomes you wish to achieve are set out in your support plan and this is reviewed regularly to track your progress and agree the next steps. From the beginning of your stay much of the focus is on helping you to prepare to move on, including how to find accommodation and setting up home. This process will also include where applicable any substance misuse worker or statutory agency you are linked with.

## What you can expect from our Support Service

*By engaging with our support service you can expect and be enabled to achieve the following outcomes:*

- Manage your own finances, benefits claims and paying bills
- Manage your own paperwork etc...
- Access & know how to access a wide range of services and agencies
- Successfully link in with employment, training, voluntary work experience or other meaningful occupation
- Be independent but not isolated

- Look after your own health needs and wellbeing
- Set up and look after your home
- Maintain your tenancy/license and prevent the loss of your home
- Successfully find and move on to more independent accommodation
- Keep yourself safe and secure, both in and outside of your home
- Maintain good neighbourly relations
- Be able to access social/cultural activities & participate in the local community
- Develop new skills and grow in confidence

## Accommodation

### Monks Road

The accommodation consists of a shared fully furnished terraced house with 5 bedrooms, a communal lounge, a large fully equipped kitchen, bathroom, shower room, and laundry facilities. At the rear of the house is a small paved garden. There is a small staff office situated on the ground floor.

### Flat 5

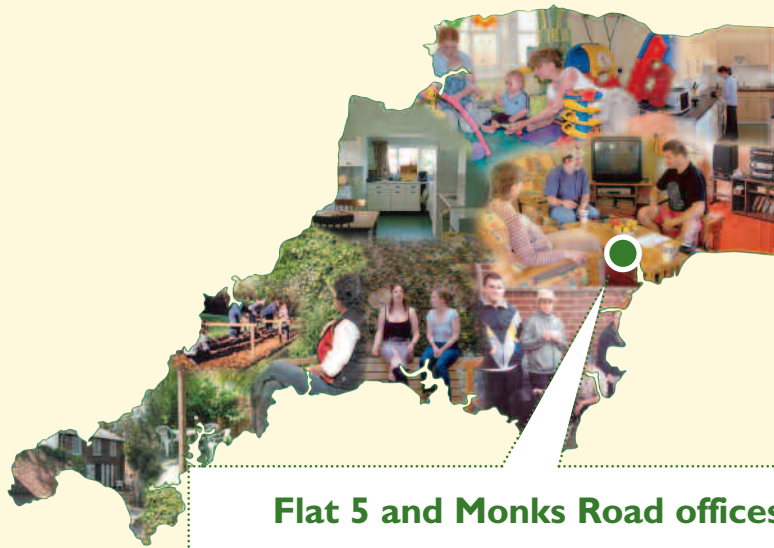
The accommodation consists of a shared fully furnished flat with 3 bedrooms, a fully equipped kitchen, bathroom and laundry facilities. At the rear of the flat is a paved garden area.

## Application Procedure

For more information on how to apply please contact the Flat 5 and Monks Road offices on 01392 439770.

## Equal Opportunities

We have a firm commitment to ensure you are dealt with fairly and equally without discrimination or prejudice.



**Flat 5 and Monks Road offices**

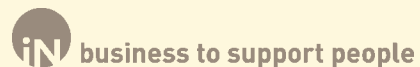
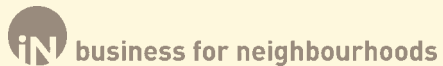
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If you or someone you know would like a Westcountry document on audio tape, in large print, in Braille, or translated into another language, please contact our Communications Manager on 01803 200300.



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01.2007