



Alexander House, Exmouth

To enable service users to move on to more independent living

Aim

Our aim at Alexandra House is to provide you with the opportunity to gain the independent living skills you need and to practice being able to sustain your tenancy in preparation for your move on to more independent living.

Description

Alexandra House provides supported accommodation for single people over the age of 18 with housing-related support needs. There are 23 furnished self-contained flats and you can stay from 6 months up to 2 years. Staff are on site six days a week. At Alexandra House we provide a safe environment within a stable community in which you can learn how to maintain a tenancy and maximise your potential for independent living.



Support

Our staff team provides a flexible housing related support and advice service tailored to meet your individual needs. With your allocated support worker you identify areas of need and development in which you require support and encouragement to make progress towards independent living. The goals you wish to work towards and the outcomes you wish to achieve are set out in your support plan and this is reviewed regularly to track your progress and agree the next steps. From the beginning of your stay much of the focus is on helping you to prepare to move on, including how to find accommodation and setting up home. This process will also include where applicable any statutory agency or outside key worker you are linked with.

What you can expect from our Support Service

By engaging with our support service you can expect and be enabled to achieve the following outcomes:

- Manage your own finances, benefits claims and paying bills
- Manage your own paperwork etc...
- Successfully attend college, apply for part-time employment, voluntary work experience or other meaningful occupation

- Access and know how to access a wide range of services and agencies
- Be independent but not isolated
- Look after your own health needs and wellbeing
- Develop domestic and practical skills including basic cooking and healthy eating
- Set up and look after your home
- Maintain your tenancy and prevent the loss of your home
- Successfully find and move on to more independent accommodation
- Keep yourself safe and secure, both in and outside of your home
- Maintain good neighbourly relations
- Be able to access social/cultural activities & participate in the local community
- Develop new skills and grow in confidence

Accommodation

Alexandra House consists of 23 furnished self-contained flats with an intercom door entry system and CCTV. There are communal facilities including: a games room/lounge area, laundry and a payphone. Other services include: a maintenance service and cleaning of communal areas.

Application Procedure

For more information and how to apply please contact staff at the Alexandra House office on 01395 279702

Equal Opportunities

We have a firm commitment to ensure you are dealt with fairly and equally without discrimination or prejudice.





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If you, or someone you know, would like this leaflet about Alexandra House on CD or audio tape, in large print, in Braille, or translated into another language, please contact our Communications Team on 01803 217560 or email info@westcountryha.org.uk.



business to support people



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