

WESTCOUNTRY Housing Association



Conway House, Paignton

Providing support and security for people with mental health needs.

Aim

At Conway House we provide affordable accommodation for people with mental health needs. We welcome a broad mix of people from different backgrounds and are happy to consider people on housing benefit or low incomes. Whether you have a long-term mental health problem or have been through an emotional or psychological crisis we aim to provide you with extra support to help you cope with daily life.

Support

Our staff team provides friendly and accessible help and information, tailored to meet your individual needs. We aim to build up your confidence enabling you to take control of your life and make your own



decisions about the future. We will encourage you to reach your own goals in a friendly supportive atmosphere while also providing a time for you to reflect on

and review your achievements to date. Wherever possible we try to help you to move on to more independent accommodation.

There are a variety of support services available to you at Conway House and these include:

- ▶ General counselling and support
- ▶ Education, employment and voluntary work opportunities
- ▶ Help with daily living skills
- ▶ Advice with filling in forms, making benefit claims, maximising income and dealing with red tape
- ▶ Liaison with services and support agencies
- ▶ Encouragement to develop new skills if you want to
- ▶ Practical help and advice in setting up your home

Accommodation

Conway House offers you a variety of facilities:

The accommodation consists of 7 fully furnished flats. The flats each contain a bedroom, bathroom,

kitchen and sitting room. There is also a community area where you can socialise with other residents and friends.

The accommodation is near to:

- ▶ Paignton Town Centre
- ▶ Shops
- ▶ Bus and rail links

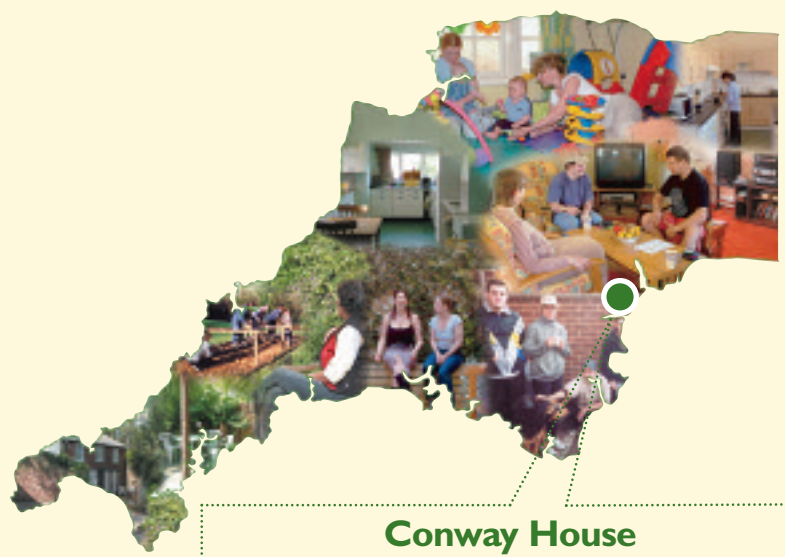
Conway House offers you the opportunity to live more independently and a chance to create a secure home for yourself with support from staff. Please contact us if you would like to find out more.

Application procedure

For more information on how to apply or for an informal discussion please contact the office on **01803 553886**.

Conway House is a part of Westcountry Housing Association, which operates an equal opportunities policy.

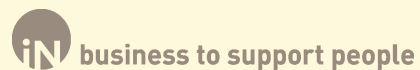




Conway House
63 Totnes Road, Paignton, TQ4 5NH

Tel: 01803 553886
Fax: 01803 558939
E-mail:
info@westcountryha.org.uk

If you or someone you know would like this document on audio tape, in large print, in Braille, or translated into another language, please contact our Communications Officer on 01803 200300



Registered with the Housing Corporation No. LH0945,
An exempt charity registered under
Industrial & Provident Soc. Act 1965 No. 19141R
A Member of the National Housing Federation.